



JANUARY | 2023

Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 NO SCHOOL	4 Spaghetti with Meatballs OR Chicken Alfredo Garlic Breadstick Glazed Carrots Garden Salads Pineapple Tidbits Dried Cranberries or Cherries Milk	5 Confetti Pancakes Sausage Patties Syrup Cup Smile Fries Veggie Boats with Dip Baked Apples Fresh Bananas Milk	6 Grilled Cheese OR Cheesy Flatbread Tomato Soup Garden Salads Oyster Crackers Applesauce Fresh Oranges Milk
9 Chicken Patty Sandwich OR Fish Sandwich Mac and Cheese Baked Beans Peach Cups Frozen Sidekicks Milk	10 Beef Nachos OR Turkey Soft Tacos Shredded Cheese, Sour Cream Salsa Cups Black Beans, Corn Pear Cups Fresh Apples Milk	11 Chicken Drumstick with Roll OR Turkey/Ham and Cheese Sub Mashed Potatoes and Gravy Green Beans Strawberry or Mixed Berry Cups Fresh Grapes Milk	12 Hot Dog OR Cheese Coney Potato Wedges Diced Onions, Shredded Cheese Carrots and Celery with Dip Mandarin Oranges Fresh Bananas Milk	13 Cheese Bites OR Pizza Crunchers Marinara Sauce Steamed Broccoli Garden Salads Applesauce Fresh Oranges Milk
16 NO SCHOOL	17 Chicken Nuggets OR Fish Nuggets Mac and Cheese Baked Beans Mini Biscuit Pear Cups Fresh Apples Milk	18 Rotini with Meat Sauce and Garlic Breadstick OR Mini Cheese Calzones with Marinara Sauce Glazed Carrots, Garden Salads Pineapple Tidbits Dried Cranberries or Cherries Milk	19 Tangerine Chicken OR Teriyaki Beef Brown Rice Steamed Broccoli Mandarin Oranges Fresh Bananas Fortune Cookies Milk	20 Mini Cinnamon Rolls OR Mini Cream Cheese Bagels Scrambled Eggs Smile Fries Veggie Boats with Dip Baked Apples Fresh Oranges Milk
23 Mini Corn Dogs Mac and Cheese Green Beans Celery with Dip Peach Cups Frozen Sidekicks Milk	24 Hamburger OR Cheeseburger Potato Wedges Baked Beans Pear Cups Fresh Apples Milk	25 3 or 4 Way Chili Spaghetti Diced Onions, Shredded Cheese Oyster Crackers Kidney Beans Glazed Carrots Strawberry or Mixed Berry Cups Fresh Grapes Milk	26 Cheese Pizza OR Pepperoni Pizza Steamed Broccoli Garden Salads Mandarin Oranges Fresh Bananas Milk	27 Mini French Toast OR Mini Waffles Syrup Cup, Scrambled Eggs Smile Fries Veggie Boats with Dip Baked Apples Fresh Oranges Milk
30 Fiestada Pizza OR Chicken/Cheese Quesadilla Salsa Cup Refried Beans Corn Peach Cups Frozen Sidekicks Milk	31 Chicken Tenders OR Fish Tenders Waffle Fries Green Beans Mini Biscuit Pear Cups Fresh Apples Milk	1 Spaghetti with Meatballs OR Chicken Alfredo Garlic Breadstick Glazed Carrots Garden Salads Pineapple Tidbits Dried Cranberries or Cherries Milk	2 Confetti Pancakes Sausage Patties Syrup Cup Smile Fries Veggie Boats with Dip Baked Apples Fresh Bananas Milk	3 Grilled Cheese OR Cheesy Flatbread Tomato Soup Garden Salads Oyster Crackers Applesauce Fresh Oranges Milk

Alternate Meal Options

Milk and choice of fruits and vegetables offered daily with all alternate meal options

PB&J Grab & Go

PB&J Uncrustable, cheese stick, Goldfish crackers

Yogurt Grab & Go

Yoplait yogurt cup, cheese stick, Goldfish crackers and pretzels

Turkey or Ham Lunchable

Turkey or Ham, cheese cubes, Goldfish crackers and pretzels

Meat options not offered on Fridays

Menu subject to change by product availability

This institution is an equal opportunity employer