



JANUARY | 2021

Grab n Go

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1 HAPPY NEW YEAR!
4 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	5 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	6 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	7 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	8 Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go
11 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	12 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	13 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	14 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	15 Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go
18 MLK DAY No School	19 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	20 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	21 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	22 Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go
25 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	26 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	27 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	28 Ham & Cheese Sandwich Grab n Go Turkey & Cheese Sandwich Grab n Go Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go	29 Hummus Grab n Go Protein Pack Grab n Go PB & J Grab n Go

***Milk and Juice offered with all Grab n Go options**

1. Ham and Cheese Sandwich Grab n Go
- Ham Sandwich
- Potato Chips
- Fruit Cup
- Veggie Boat
2. Turkey and Cheese Sandwich Grab n Go
- Turkey Sandwich
- Potato Chips
- Fruit Cup
- Veggie Boat
3. Hummus Grab n Go
- Hummus cup
- Tortilla Chips
- Cheese stick
- Fruit Cup
- Veggie Boat
4. Protein Pack Grab n Go
- 1 hardboiled egg
- Jungle crackers
- Cheese Cubes
- Fruit Cup
- Veggie Boat
5. PB & J Grab n Go
- PB & J
- Goldfish
- Cheese stick
- Fruit Cup
- Veggie Boat